



GULF DEFENDER



Vol. 64, No. 23

Tyndall Air Force Base, Fla. *Gulf Defender*

June 10, 2005

In brief

Hurricane season

The 2005 Hurricane Season officially began Wednesday. The Commander's Access Channel contains up-to-date information regarding Tyndall's HURCON levels and additional hurricane-related information. People can also call the Straight Talk Center at (877) 529-5540 for updated information.

Office closure

The 325th Medical Group Pharmacy will close today at for an official function and will reopen Monday. In case of emergency, call 283-7591.

What's inside



Personal shoppers bring comfort to hospitalized troops ... **PAGE 5**



Outdoor Recreation hosts children's fishing, boating clinic ... **PAGE 16**

The ORI is near ...



... **9 days and counting**

Symbol of freedom

Senior Airman Eric McKee, 325th Maintenance Squadron, salutes the flag during retreat at the Airman Leadership School here. Tuesday is Flag Day, which is a time for all Americans to celebrate and show respect for the flag. For more on Flag Day, see the story on Page 9.



Staff Sgt. Benjamin Rojek

ROTC cadets return to Tyndall

STAFF SGT. BENJAMIN ROJEK
325th Fighter Wing Public Affairs

By the time summer is over, more than 600 cadets from the Air Force Reserve Officer Training Corps will have descended upon Team Tyndall for field training and evaluation.

The purpose of AFROTC field training is to provide evaluators a measure of active-duty officer compatibility for the cadets. Each cadet is evaluated in the areas of communications skills, duty performance, judgment and decision-making skills, professional qualities, leadership skills and field training adaptability.

"We create an artificially stressful environment to identify leadership potential," said Maj. Matthew Ray, AFROTC Field Training Unit 1 project officer. "This also helps the cadets understand and develop their leadership skills."

"These students go through plenty of training during ROTC," added Major Ray. "(Back at their universities) they have classes on topics like military protocol and history. We develop our officers there. When it comes to field training, it's the only time we have to place them under the gun."

He said the cadets have a very busy schedule. Their training day lasts from 4:30 a.m. to 9 p.m. Throughout the 30-day encampment, they will go through physical fitness training, drill and ceremonies training, combat and small arms training, dynamic development programs, the confidence course and a leadership reaction course.

"During the LRC, we put each cadet through

Road Guards out!

AFROTC cadets are in field training here until August. During that time, those who live and work on Tyndall will see the cadets marching in formation around base.

Be on the lookout for these formations, especially during hours of darkness. They will be forming up as early as 4:30 a.m.

If you see road guards stopping traffic for their flight, you must stop. If you are waved past a flight by a field training officer, proceed with extreme caution.

● **SEE ROTC PAGE 19**



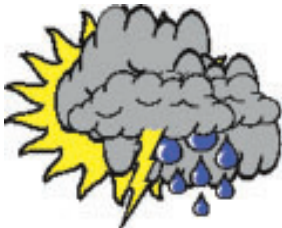
1st Lt. Albert Bosco

The plane facts

Melissa Smith, Tyndall Aero Club assistant manager, points out features of one of the club's Cessna 172s to 12-year-old Brandon Bouthot during a Tyndall Youth Center visit. Children from the Youth Center spent two days learning about the aero club, its aircraft and what it takes to be a pilot.

Tyndall's weekend weather forecast

Today
Mostly cloudy,
strong
thunderstorms



High: 85 Low: 73

Saturday
Mostly cloudy,
strong
thunderstorms



High: 86 Low: 76

Sunday
Partly cloudy,
with possible
showers



High: 87 Low: 75

Courtesy of the 325th Operations Support Squadron weather flight

ON THE STREET

What does it mean to be a warfighter?



"It's a commitment to country and self, and protecting our fellow Americans."

STAFF SGT. MICHELLE CLEMENTS
325th Communications Squadron



"It means you are doing your part during contingency operations and doing what the military paid to train you to do."

AIRMAN 1ST CLASS JAMEL GARRETT
325th Security Forces Squadron



"It means you are always training your hardest so you can go at any time"

1ST LT. PAT KILLINGSWORTH
2nd Fighter Squadron



"To make the world a better place for our future generations."

AIRMAN 1ST CLASS CHAD SOMMERS
325th Comptroller Squadron

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

Down to single digits; the ORI is here

LT. COL. GARTH D. DOTY

325th Fighter Wing ORI chief

Think of every sports analogy you've ever heard – down to the wire, full count, bases loaded, batter up...and now we're stepping up to the plate.

The 325th Fighter Wing Operational Readiness Inspection countdown is now in single digits. More than 130 members of the Air Education and Training Command Inspector General team will arrive June 19 to inspect how our wing conducts the mission using measures of effectiveness, efficiency, and safety, while complying with appropriate guidance with no fraud, waste or abuse. The team will also evaluate our operational readiness with various contingency exercises. We've had this in our sights for several months and have been preparing to welcome the IG, but now its game time.

So why should you care about the ORI? Next to actual combat results, this event is the next best measure of our peacetime mission accomplishment. The inspection will test how well we're able to achieve the Checkertail

mission of training America's Air Dominance Force. It will assess whether we're meeting each goal of force protection, training, sustainment and deployment.

The 325th FW mission – to train America's Air Dominance Force – ultimately serves to support our country in the Global War on Terror.

Looking from another angle, this inspection will test how well we actually live out our core values of Integrity, Service Before Self and Excellence In All We Do.

Everyone has dedicated effort for peak performance in June, and each Airman on our team will be given the chance to display his or her skill and professionalism. The answer to why is simple – the inspection will reflect how the wing Airmen take pride in our mission accomplishment and readiness to serve. The ball is in our court, so run with it.

We're at the two minute warning now. Review your role in the next play with your fellow Airmen. If there's a gap in the line, fill it. Success in our game is achieved one deliberate play at a time, never with a single magical move. Take these last days to check, double

check and avoid any penalty flags as we move into the end-zone for the score.

Take action in a timely manner to recover any fumbles. Move to solve identified problems appropriately. Carry the momentum

through for a successful finish and the pride that comes with recognition for outstanding performance.

Finally, leave no doubt in your inspector's mind about the Checkertail standard approach to performance with an open and positive attitude throughout the IG team's visit.

Don't hesitate to call the wing inspection

preparation office at 283-3260 with any questions concerning the ORI. You can also visit the website: <https://tyndall.internal.af.mil/ori>.

Now let's hit that three-pointer at the buzzer!



1st Lt. Albert Bosco

Lt. Col. Garth Doty, 325th Fighter Wing ORI chief, performs a final review of checklists in preparation for the upcoming ORI, which begins June 19.

Action Line:

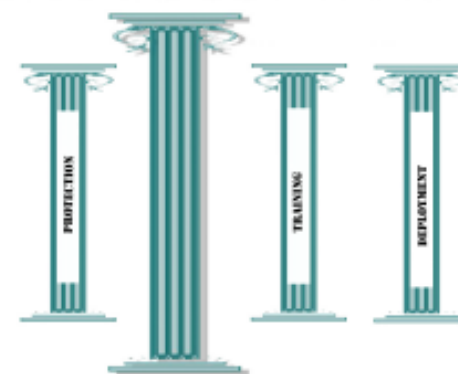
Tyndall's boardwalk will be repaired

Q: I noticed that the boardwalk has not been repaired since Hurricane Ivan damaged it. I was recently running on the beach, and ran into a big snake.

Is the base is planning to rebuild the boardwalk? This seems to be a safety issue since we have had a lot of water and wildlife this year.

A: I appreciate your interest and share in your concerns. To answer your question directly; yes, the boardwalk is being repaired. Once repairs are completed at the Beacon Beach Marina, a construction crew will begin work on the boardwalk, which should be completed in September. There will be some inconvenience while repairs are being made, but we believe the final result will be well worth the wait. Thank you for your call.

FORCE SUSTAINMENT



Action Line

Call 283-2255



BRIG. GEN. JACK EGGINTON
325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or

you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers that help you in resolving any issues with a base agency.

Commissary	283-4825
Pass and I.D.	283-4191
Medical and Dental	283-7515
MEO	283-2739

MPF	283-2276
SFS Desk Sgt.	283-2254
Services	283-2501
Legal	283-4681
Housing	283-2036
CDC	283-4747
Wing Safety	283-4231
Area Defense Counsel	283-2911
Finance	283-4117
Civil Engineer	283-4949
Civilian Personnel	283-3203
Base Information	283-1113

Thank you for helping me improve Tyndall and I look forward to hearing from you.

Leadership: *It's what you learned in kindergarten*

COL. SEAN MURPHY
325th Medical Group commander

The phrase, “Everything I learned, I learned in kindergarten” comes to mind time and again as I journey through life.

For me, the phrase means that life and leadership continues to be about people, the interactions that we have and friendships we make. The skill set needed in life is the same one we used to excel and make friends in kindergarten.

Every new adventure in life creates some amount of anxiety, but if you approach each situation knowing that it is simply about interacting with people (going to kindergarten again), then there will be less anxiety with each situation and you will more likely have a positive outcome.

You need to: 1) have reasonable directions/expectations, 2) be listened to, 3) be understood and then 4) be taken care of. With these issues addressed, everyone will respond and then the excellence that is within will shine far brighter than anyone could imagine, and so will the organization.

I just got back from a deployment as the Expeditionary Medical Group commander in Kuwait, and I was reminded of this belief. Being a colonel with 24 years in service in our Expeditionary Air Force you would have thought I would have deployed before. I had transported critically ill pediatric patients all over the world in everything from Black Hawk helicopters rolling through the mountains of Korea to a C-5 Galaxy crossing the Pacific and the US. But I had never actually deployed before. I was as afraid and as anxious as the next person (a common feeling when going to your first day of kindergarten) complete with butterflies. What should I expect? What would life be like? Has the Air Force trained me well and would I be ready?

Luckily I had been given directions/expectations – lists of

what to bring and better than that, I was able to contact the person I was replacing. So I had a very good idea what to expect and what to bring and more important what not to bring. In my book, this was an essential part of the deployment cycle. Knowledge decreases the butterflies and the anxiety.

I found out I would be running a small clinic and also a Contingency Air Staging Facility. I knew about running clinics without any additional instruction, but I was much less familiar with the CASF and the movement of many critical care patients. After asking more about the job I realized that I would be the commander and that there were many experts being deployed with me who knew that job very well. Again, anxiety decreased as I was listened to, understood and was being taken care of by those around me.

I said goodbye to my family (who I knew would be well taken care of by my Tyndall Family) and got on the plane. Loneliness, fear, anxiety set in all at once. Man oh man; what have I gotten myself into? I arrived in Baltimore to catch the plane to Kuwait and in back of me in the mile long line to the plane was my old first sergeant from when I had been a squadron commander. “Chief, where are you heading?” I asked. “Kuwait,” he answered. “Small world, Chief, I’m heading there also.” The world is a small place and the Air Force only makes it smaller ... especially the older you get!

So there we were, off to Kuwait on a packed charter plane heading to Shannon Airport in Ireland, the last stop for a beer. In the back of the plane was the medical contingent going to Balad Air Base, Iraq, to take over the Balad Expeditionary Medical Hospital, one of the busiest locations in Iraq. At the pub in Shannon I ran into two other physician friends I knew more than 10 years ago. They were going to Balad the same

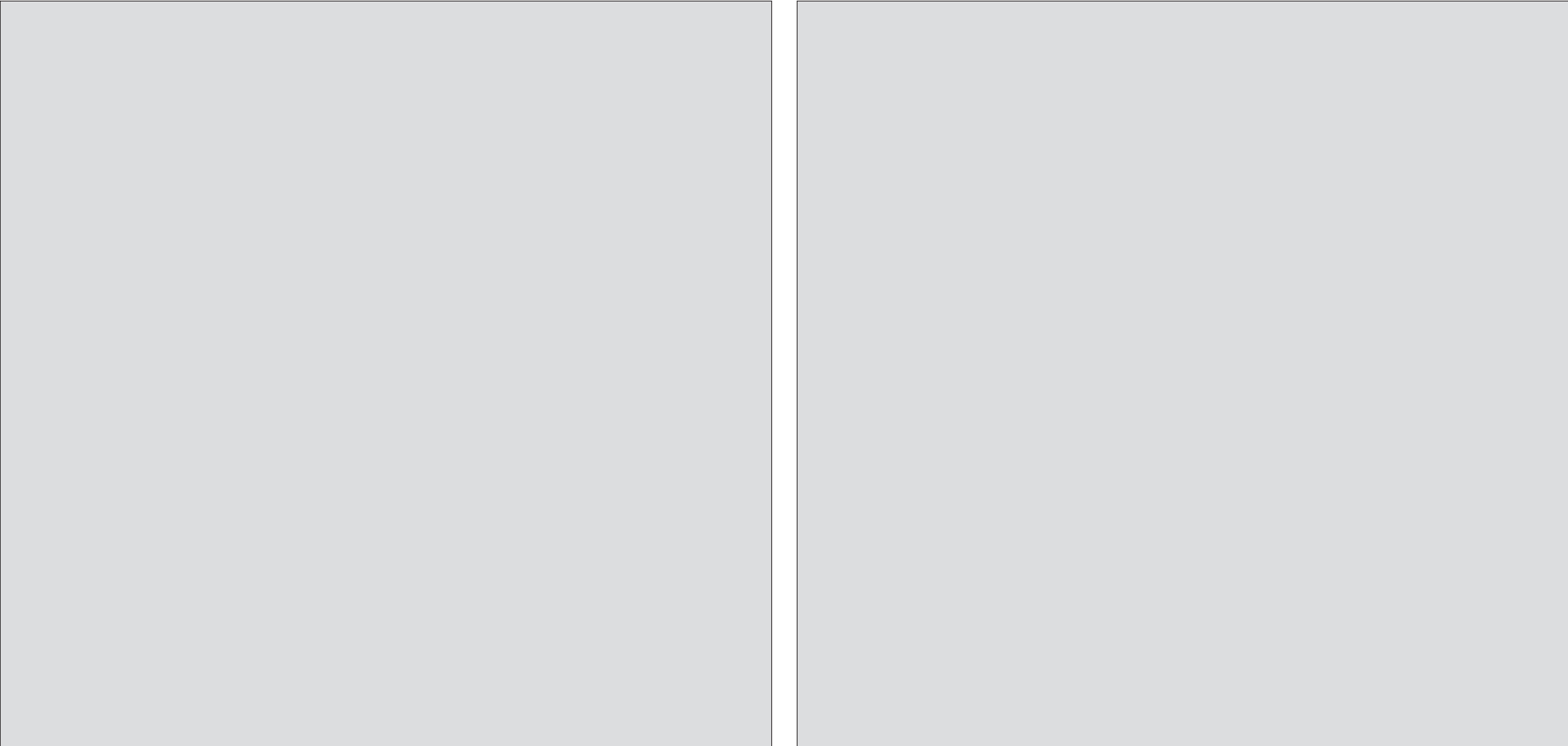
time I was heading to Kuwait. It is a small medical community where run into friends everywhere.

One evening I was sitting at the dining facility in Kuwait and I ran into a friend from junior high school whom I had not seen for 30 years. He was a navigator on C-130s, and I was able to fly missions over Iraq with him. At the deployed location, three of the group commanders (including myself), the wing commander and the forward surgeon were all classmates at the Air Force Academy many moons ago. Yes, it continues to be a small world and about the people. Knowing people in unfamiliar situations makes the situation appear familiar. Friends are good things to make and have in life!

Knowing that you only have four months as a commander to try to get the team together and to make something positive happen is a daunting task ... so back to those kindergarten lessons. First on the agenda was to give direction/expectations that everyone could relate to and understand. I put together my executive staff in the first few days and scheduled my first commander’s call. After the first commander call everyone knew where we were heading.

Next was listening and understanding everyone in the EMDG. Everyone filled out a sheet with personal information and goals. This allowed the leadership team to know what others wanted to accomplish on this deployment and also know the skill mix that was available.

In the end I was well prepared for the deployment and used the skills I learned in kindergarten about having reasonable expectations, listening, understanding and the drive to take care of others. The EMDG ended up exceeding its goals and led the deployed wing in many activities. It actually was much like leading the 325th MDG here at Tyndall!



Personal shoppers bring comfort to hospitalized troops

DALLAS— Since the beginning of the Global War on Terror in September 2001, almost 13,000 troops have been injured in Operations Enduring and Iraqi Freedom. Sadly, many of those troops are evacuated from contingency locations to Landstuhl Regional Medical Center in Germany often with no personal belongings, other than the clothes they are wearing.

With the help of the Army & Air Force Exchange Service’s implementation of Public Law 1559, many evacuated patients are assisted by AAFES personal shoppers who supply them with the items they need.

“Wounded service members don’t even have to leave the



hospital,” said Christine Curry, AAFES associate and personal shopper. “We go to the exchange and bring fresh and comfortable clothing to Landstuhl’s wounded service members.”

AAFES associates assist injured service members by visiting AAFES shopping centers at Ramstein Air Base or Vogelweh Military Complex to pick up clothing and shoes.

“This program is a great morale booster, especially since it’s unexpected,” added Ms. Curry. “Several of them have invited us back to check out the clothing they are wearing as they prepared to leave for home.”

A clothing request form is used to indicate each service member’s sizes, such as waist and length for pants, shoe size, and normal shirt size. The service members can also request special items that make their injuries more comfortable such as sleeveless shirts for arm and shoulder injuries, loose shorts or zip away pants for leg injuries, and hats or scarves for head injuries. Most service members request comfortable clothing such as athletic shorts, t-shirts, and wind suits, for stays in the hospital, and jeans and a polo shirt for the trip home.

Section 1319 of Public Law 1559 allows AAFES to allocate \$250 towards the purchase of civilian clothing to qualifying service members who arrive at several military hospitals. To qualify for the allotment, service members must be medi-



Army Spc. Lateef Green, left, poses with Christine Curry and Thomas Grossarth, both AAFES personal shoppers, as they deliver clothes to him at Landstuhl Regional Medical Center, Germany. AAFES is helping troops injured in Operations Enduring and Iraqi Freedom to obtain personal belongings, up to \$250.

cally evacuated from Operations Noble Eagle, Enduring Freedom, or Iraqi Freedom.

Ramstein’s Base Exchange has processed 14,364 vouchers since the bill was passed in April 2003.

'Emergency data' cards now online

RANDOLPH AIR FORCE BASE, Texas – After decades of Airmen updating emergency contact information in their personnel records, everyone is now required to update the information online from home or work rather than visiting their military personnel flights.

Effective immediately MPFs are no longer required to print and file a paper copy of the Virtual Record of Emergency Data, or vRED, form in each Airman's personnel record. The paperless form provides the Air Force with information needed to contact family members if an Airman suffers a serious illness or injury, or dies while on active duty.

The vRED, which replaced the "DD Form 93, Record of Emergency Data" in 2003, is required to be kept updated by each individual. Now the only way to update an Airman's emergency data is by visiting the virtual MPF online.

Airmen who do not have access to a vMPF account, such as new accessions or basic trainees, must still complete a DD Form 93 until they establish an online account, said Maj. Yancey Cowen, chief of the casualty services branch at the Air Force Personnel Center.

"The biggest advantage is convenience for the customer," he said. "Airmen won't have to stand in line at the MPF to make simple changes to their contact information."

Airmen are required to keep their vREDs current at all times and re-



Staff Sgt. Benjamin Rojek

Staff Sgt. James Thompson, left, 325th Mission Support Squadron, helps Staff Sgt. Jeffrey Blue, 325th Aircraft Maintenance Squadron, with some paperwork at the Military Personnel Flight Customer Service office. The MPF can no longer print and file DD Form 93, Record of Emergency Data. The form can be accessed only on virtual MPF.

view their contact data at least annually, according to Major Cowen. Also, every Airman must review their vRED during in-processing and prior to all deployments.

"Accurate and current family contact information can prevent delays in notifications and perhaps benefits for Airmen and family members," Major Cowen said.

Personnel officials encourage all active duty, Guard and Reserve members to update their information every six months.

Civil service employees are also encouraged to update their virtual Emergency Data System contact information as needed for the same reasons.

Both online applications take about 15 minutes to complete, and ask questions such as who are the relatives who should be contacted and what are their addresses.

For more information, visit www.afpc.randolph.af.mil/vs/ to log into vMPF or to establish an account.



Do you have questions?

We have the answers!

Call the
Straight Talk Center at
(877) 529-5540,
24-hours a day.

AFSC merger to change two career fields

2ND LT. BILL NETHERTON

325th Air Control Squadron

The Air Force is modernizing to fit the needs of the 21st century, and a major component of that is getting its members what they need quickly and efficiently.

In the military sense, the word “transformation” often conjures up images of brand new weapon systems or other technological marvels. Now that concept has found its way into nearly every facet of Air Force life, and a service-wide initiative is changing not only the way personnel programs are handled, but also the career field responsible for operating those programs.

Secretary of Defense Donald Rumsfeld recently mandated a reallocation of the Air Force’s manpower resources to warfighting capability. As a result, the service’s Manpower and Personnel career fields will merge under a single Air Force Specialty Code. Additionally, the career field will move away from its customer service role and perform more advisory and supporting functions to commanders at the base and major command level.

Called the Personnel Service Delivery Transformation, the overall goal is to improve the Air Force’s operational efficiency and enable the most effective use of resources.

“Although we’ve realigned under the mission support squadron, rather than remain a staff agency, our function really hasn’t changed,” said Robby Robertson, 325th Mission Support Squadron Manpower and Organization flight chief. “This has been pretty seamless so far. We’re still operating as we were before, but just under a different command structure.”

One change that will soon affect Tyndall AFB members is the way their own personnel actions are handled. For example, members will be encouraged to use existing personnel resources, such as the virtual MPF, contact center or their commander’s support staff before making a trip to the military personnel flight – a move officials feel will save time for everyone in the Air Force.

Transformations similar to the PSD have been used by companies nationwide, help-

ing them to save money and be more efficient, and the Air Force is following their example. In fact, more than 70 percent of Fortune 500 companies have established shared service centers to replace the finance and human resources at every office site.

Having a centralized contact center saves money and improves customer satisfaction, and the PSD will allow the Air Force to do the same by using the contact center model and virtual MPF.

Under the change, members will be able to access the virtual MPF and contact center 24 hours a day, reducing the need to visit the MPF during the duty day. Virtual MPF can be used to check records and update personnel information while the contact center is a forum for members to reach customer service agents who can help them when they have personnel questions or concerns.

The unit commander’s support staffs will absorb many MPF functions, virtually eliminating the need for the 325th MSS to handle personnel issues.

Tyndall Airman sentenced in cocaine use court-martial

CAPT. ROBERT CARIDAD
Base Legal Office

A Tyndall Airman was convicted of two specifications of wrongful use of cocaine June 1 in a special court-martial held here. Airman Rachel Jacola, 325th Operations Support Squadron, pled guilty of violating Article 112a of the Uniform Code of Military Justice before a military judge, admitting to using cocaine in the fall of 2004 and again this spring, while pending court martial. The court martial is the third this year at Tyndall at which a defendant was convicted of drug use. After reviewing documentary evidence, taking testimony from Airman Jacola's former supervisor, and hearing arguments from both the government and the defense

counsel, the judge returned a sentence of seven months confinement, reduction to airman basic and a bad conduct discharge. In addition to serving a lengthy stint in jail, the Airman will have to report a federal conviction for the rest of her life. The conviction, combined with the bad conduct discharge, will affect future employment opportunities and chances for further government service. "We never enjoy taking another Airman to court martial," stated Capt. Shawn Tabor, Tyndall's Chief of Military Justice. "However, drug use is a serious offense in our profession, and Airman Jacola's multiple uses – even after she knew she was under investigation – made this case even more egregious."

Golden Bolt Award

Tech. Sgt. Douglas Buchanan, 2nd Aircraft Maintenance Unit flightline expeditor, steps out of his work truck before ending his shift recently. Sergeant Buchanan found the Golden Bolt in his Foreign Object Debris boss (sweeper) during a FOD sweep here. He didn't realize he had picked up the Golden Bolt until he later emptied the sweeper. He is the Golden Bolt winner for the month of May.



1st Lt. Albert Bosco

ARTICLE 15s



The following adverse actions took place at Tyndall AFB in April 2005.

An airman first class received a reduction to airman and a reprimand under Article 15 for failing to pay debts and making false official statements in violation of Articles 134 and 107 of the Uniform Code of Military Justice.

An airman first class received a reduction to airman and forfeiture of \$323 under Article 15 for dereliction of duty in violation of Article 92 of the UCMJ.

An airman first class received a reduction to airman basic, forfeitures of \$617 pay per month for two months, 45 days extra duty, 45 days restriction and a reprimand under Article 15 for being absent without leave for more than three days, but less than 30, dereliction of duty by willfully signing a false official statement, disobeying a noncommissioned officer and obtaining services valued at \$500 or less under false pretenses in violation of Articles 92, 107, 91 and 134 of the UCMJ.

A senior airman received a reduction to airman and a reprimand under Article 15 for disobeying a noncommissioned officer in violation of Article 91 of the UCMJ.

A senior airman received a reduction to airman first class, 44 days restriction and a reprimand under Article 15 for being drunk and disorderly in violation of Article 134 of the UCMJ.

An airman first class received a reduction to airman basic, forfeitures of \$617 per month for two months, 45 days extra duty, 45 days restriction and a reprimand under Article 15 for wrongful use of marijuana in violation of Article 112 of the UCMJ.

An airman first class received a reduction to airman basic, forfeitures of \$617 per month for two months, 45 days extra duty, 45 days restriction and a reprimand under Article 15 for wrongful use of marijuana in violation of Article 112 of the UCMJ.

Old Glory – forever may she wave



Tech. Sgt. Cherie Thurlby

Disabled American Veterans wave American flags during a country music concert at Snowmass Resort Village, Aspen, Colo.

MAJ. SUSAN A. ROMANO

325th Fighter Wing Public Affairs

For the past 228 years, America has had a simple piece of tri-colored cloth flying over the nation as a symbol of her values – the land, the people, the government and their ideals.

On June 14, 1777, the Continental Congress passed the first 'Flag Act' which officially designated the flag of the United States to be made of thirteen red and white stripes and a union of blue with white stars, representing a new constellation.

The flag has changed over those 228 years, but no matter what the changes, the symbolism and meaning behind the flag has not.

The red, white and blue icon invokes deep emotion in Americans, inspiring pride, patriotism, and sometimes controversy. Because the American Flag is recognized around the world by practically every nation, it sometimes serves as a vehicle for political, social or economic protest.

Regardless, there has never been another symbol that speaks louder (and figuratively in more languages) than the American Stars and Stripes.

Since 1949, the United States has commemorated Flag Day, when President Harry S. Truman officially named June 14 as Flag Day. As states were added to the union, so were stars to the flag. Legend tells a story of Betsy Ross, the purported 'designer' of the first American flag. Over the years, school children have recognized her name as the Mother of the American Flag, but it is, in fact, unknown who actually designed the very first flag.

Probably a more interesting and not-so-well-known fact about our current flag is that it came about from a simple school project.

A young high school student named Robert G. Heft, from Lancaster, Ohio, was working on an assignment for his history class when talk of Alaska and Hawaii becoming states was prevalent. He diligently worked on his project, coming up with a design of a 'new' American flag. His teacher gave him a B minus on the project and told him the project lacked creativity. The teacher did, however, say that he would give young Robert a higher grade if he could get Congress to adopt his creation.

He accepted the challenge and sent the flag to his congressman. The rest is history – the current flag we fly on every flagpole in the United States is a result of a determined young American who was given a challenge and took it head on.

As members of the armed forces, those in uniform take great pride in the flag that has represented the country in wartime and peacetime alike, at embassies overseas, on U.S. naval ships, at bases and posts abroad, amid the rubble in the wake of 9/11, and even on the moon. Reading the history of the flag and the aspect of etiquette is required for enlisted promotion. As a matter of fact, nearly eight pages are dedicated to flag customs and courtesies in the Promotion Fitness Exam study guide.

As one wise patriot once said, "The Star Spangled Banner has come to truly embody our nation ... it's how America signs her name."

Happy Flag Day, America!

Military responders geared up for active hurricane season

DONNA MILES

American Forces Press Service

WASHINGTON (AFP) — With forecasters predicting an active hurricane season this year, military responders are geared up for whatever Mother Nature whirls their way.

Hurricane season officially kicked off June 1, and meteorologists expect the decade-long trend toward active hurricane seasons in the Atlantic to continue this summer. The National Weather Service in Miami predicts seven to nine hurricanes in the Atlantic basin, with three to five of them becoming major hurricanes before the season ends in November.

Hurricane Hunters from the Air Force Reserve's 53rd Weather Reconnaissance Squadron at Keesler Air Force Base, Miss., are unfettered by the prediction.

"We're always prepared, and we're always ready," said Lt. Col. Mike Odom, the squadron's public affairs officer.

The squadron had an exceptionally heavy workload in 2004, flying 105 missions in support of the National Weather Service. Its

crews tracked five major hurricanes during the 2004 season, tracked a record eight tropical storms during August alone, and flew 11- and 12-hour missions for 26 straight days during September, Colonel Odom said.

"That's unprecedented," he said.

This year, squadron Airmen got an early jump on hurricane season, tracking Hurricane Adrian in the Pacific in mid-May.

The National Weather Service called on the Hurricane Hunters to get a fix on the tropical storm's location as it built off the coast of Central America and threatened El Salvador. During the first leg of the squadron's May 19 reconnaissance mission, Adrian was upgraded to a hurricane. As many as 20,000 residents were forced to flee their homes before Adrian moved inland and weakened.

The mission was the Hurricane Hunters' first flight into an active hurricane in the new J-model of the WC-130 Hercules aircraft – a

faster, more powerful version of the earlier-generation C-130 transport planes. The WC-130J brings new capabilities to the 53rd Squadron, Colonel Odom said, providing crews with computer-assisted flight and navigational controls and better situational awareness that help them avoid flying into the strongest storm cells.

While the 53rd Weather Reconnaissance Squadron's Airmen stand ready to respond to calls from National Weather Service, U.S. Northern Command officials are reviewing their plans and procedures so they are ready to support any requests for help from the Federal Emergency Management Agency.

NORTHCOM's current operations group operates 24/7 at the command's headquarters at Peterson AFB, Colo., and, in the event of a hurricane threat, would monitor the storm's progress and help coordinate requests for help, said 1st Lt. Jody Vazquez, a command spokeswoman. Generally that support

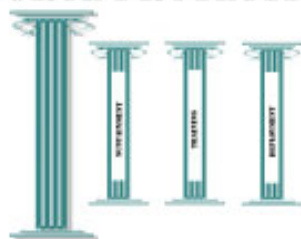
comes in the form of logistical, medical and communications support, she said.

By law, Department of Defense provides civil support only when local, state and other federal resources have become exhausted or overwhelmed. In those cases, the lead federal agency in charge of the crisis must ask for DOD help, and the president or secretary of defense must approve the request before NORTHCOM can take action.

Last year's devastating hurricane season, in which four major hurricanes blew through Florida within just six weeks, NORTHCOM officials jumped into high gear when it got the order. For example, when Hurricane Ivan hit the Florida panhandle in September, the NORTHCOM staff secured long-range satellite-communications capabilities, emergency supplies and medical assistance for the areas hardest hit by the storm.

They also arranged for ice, clean water, food and other FEMA supplies to be pre-positioned at military bases in Alabama, Florida, Louisiana, Texas, Mississippi, Kentucky and North Carolina.

FORCE PROTECTION





Airman 1st Class Sarah McDowell

MAC unmasked

Maj. Brent Allen, 325th Operations Group advanced programs chief, fits an oxygen mask for Lisa Walters, Bay County Military Affairs Committee member, during training on the F-15 Eagle ejection procedures before her orientation flight here June 3. Ms. Walters received an orientation flight as she will be the MAC chairman in 2006.



ORI Tip of the Week Week 2:

If evaluators ask you a question and you are unsure of the answer, don't guess. Tell them you'll get back to them with the correct answer. Be completely familiar with the results of your section's self-inspection program – you can bet the evaluator will be. If asked, be able to discuss open items along with current status.

Checkertail Salute

Staff Sgt. Jason Rosenbaum



Steve Wallace

Sergeant Rosenbaum receives the Checkertail Salute Warrior of the Week award from Col. Brian Dickerson, 325th Fighter Wing vice commander.

The Checkertail Clan salutes Sergeant Rosenbaum, 325th Civil Engineer Squadron. He created the first-ever squadron and flight newspaper and volunteered to serve on the Tyndall Honor Guard. Sergeant Rosenbaum also organized a firefighter challenge during the 325th CES picnic and participated in "Relay for Life."

Duty title: Fire station captain
Time on station: Four months
Time in service: Thirteen years, 10 months
Hometown: Blair, Neb.
Hobbies: Photography and helping others while off-duty
Goals: To complete my bachelor's degree and make technical sergeant
Favorite movie: "The Matrix"
Favorite book: "Of Mice and Men"
Favorite thing about Tyndall: The close-knit family feeling
Pet peeves: People who accept the minimum level of "satisfactory"
Proudest moment in the military: Every morning when I put on my uniform

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

The Gulf Defender is published for people like Senior Airman Rodrigo Vener, 325th Aeromedical-Dental Squadron Life Support Flight.



Think
before
you
drink.

Student Focus

FORCE TRAINING



Training Spotlight

What has been the most difficult part of your training so far?

“We are just getting into launching the jets and it is definitely by far the most nerve-racking thing I have done so far.”



AIRMAN BASIC NIKELLE MITCHELL
372nd Training Squadron Det. 4
Mission Ready Airman

Fit to fly: Doctors keep student pilots healthy

MASTER SGT. MARY McHALE

325th Fighter Wing Public Affairs

(Editor's note: This is the second in a four-part series covering the training B-course students go through to get in the air.)

For basic F-15C Eagle Basic Course students here strapped in aircraft thundering along at speeds exceeding 500 mph, their mental and physical fitness levels must be always be at peak levels.

And here to help ensure those peak levels, there are the flight surgeons and aerospace physiologists of the 325th Aeromedical-Dental Squadron. From an initial in-processing assessment to any required follow-ups, they work to identify any potential physical or mental issues that could affect a student's flight performance.

“We go over their records with a fine toothed comb,” said Dr. (Maj.) Manoj Ravi, a flight surgeon with the 325th Aeromedical-Dental Squadron. “We have to adhere to very stringent standards in the Air Force Instruction.”

If a condition is identified here that may affect a student's training, a waiver package can be submitted through channels to Headquarters Air Education and Training Command. The major said waiver packages have to be extremely thorough since officials at higher headquarters can't physically see the individual.

Dr. Ravi said the once the waiver package is completed it is routed through the base chief flight surgeon then on to Air Education and Training Command for approval or disapproval. He said in some complex cases, it can reach Headquarters Air Force.

Once approved, the students continue their training. Dr. Ravi said he enjoys working on



Airman 1st Class Sarah McDowe

Second Lt. Sara Senechal, 325th OSS physiologist, briefs 1st. Lt. Bryan Dick, 1st Fighter Squadron student pilot, on the air regulator.

waiver packages and it provides him a sense of achievement when he can return an aviator to flying status.

Assisting the flight surgeons with their task of keeping the fliers healthy are flight physiologists.

“We provide aerospace physiological training to all students that require it,” said 2nd Lt. Sara Senechal, aerospace physiologist. “Most, however, have been through the altitude chamber within the past five years and are current when they show up at Tyndall. Another major aspect of our involvement is working with students to prepare them to handle the physiological effects of flying on the human body, spe-

cifically the gravity forces associated with flying the Eagle.”

The lieutenant said common reasons students have G-problems are poor G-strain techniques, dehydration, fatigue in the jet and ineffective workouts. She said training given to students includes “anti-G straining maneuver coaching, the importance of good hydration, and maintenance of a proper diet and rest. Additionally, pilots should get involved in both an intense weight training program and aerobic exercises.”

Dr. Ravi, who has been at Tyndall for approximately nine months, was previously stationed at

● SEE PILOTS PAGE 21

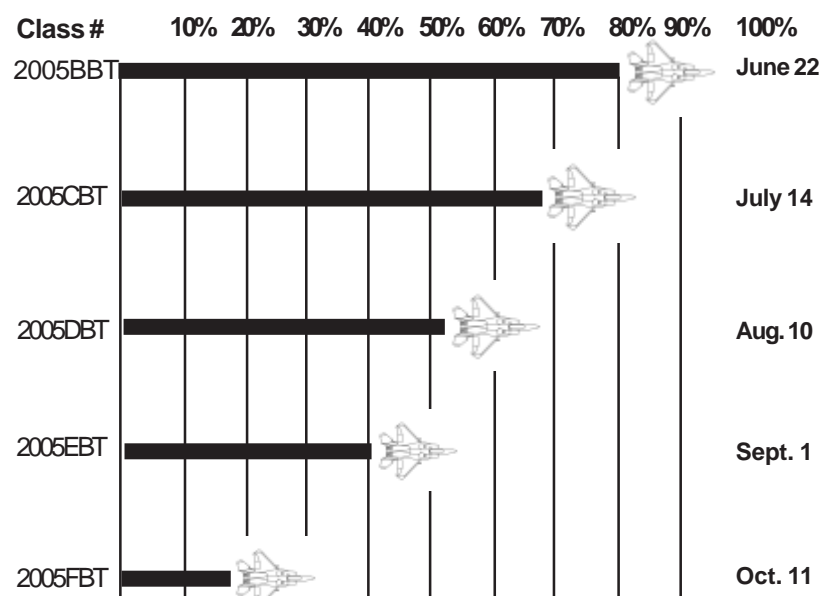
Signing out

Second Lt. Jason Methany, 325th Operations Support Squadron air traffic controller student, signs out on the position log, which shows who is controlling the sky. He and four other classmates will graduate their ATC class this month.



Airman 1st Class Sarah McDowell

F-15 Eagle B-Course progress chart



Uplifting spirits: Tyndall Chapel provides avenue to co

AIRMAN 1ST CLASS SARAH McDOWELL
325th Fighter Wing Public Affairs

(Editor's note: This is the first in a four part series on the dimensions of overall human wellness, an initiative from the Air Education and Training Command.)

In 2003, the Air Education and Training Command recognized spiritual wellness as an important part of overall human wellness.

The command's research found that people who have a spiritual dimension in their lives deal with adversity and stress better than those who do not.

In an ongoing effort to educate Airmen about this importance, Tyndall's Chapel has many services and programs and emphasizes the importance of a healthy spiritual life, without being religion specific.

"It is about faith and having faith in your own spirituality," said Master Sgt. Susie Arce, 325th Fighter Wing Chapel Division NCO in charge. "Most of our programs

are not 'preaching' at you. It is more of a dialogue where you can share your own faith with others with similar experiences."

Such programs are the Living Room Singles Center, Vacation Bible School, family retreats, pastoral counseling privileged communication with chaplains, holiday social programs, and marriage and family enrichment workshops and youth groups.

These programs and services give Tyndall members avenues to explore and exercise their own spirituality.

"Spiritual fitness is the great intangible of the American forces. Beyond hi-tech stealth and weaponry, beyond great war-planners and commanders is the spiritual force of its fighting men and women in uniform," said Chap. (Lt. Col) Joseph Motsay, 325th FW Chaplain.

Not only does the Chapel give support to those who need spiritual guidance and maintenance, it also provides a way for those who would like to reach out to the community.

"We have the unaccompanied Thanksgiving Home Cooked Meal for the dorm residents, Turkey Drop, where we donate food to Tyndall families, and Angel Tree, where we give gifts to Tyndall children,"

"Spiritual fitness is the great intangible of the American forces. Beyond hi-tech stealth and weaponry, beyond great war-planners and commanders is the spiritual force of its fighting men and women in uniform."

CHAP. (LT. COL.) JOSEPH MOTSAY
325th Fighter Wing Chaplain



Photos by Airman 1st Class Sarah

First Lt. Daniel Call, 325th FW flightline chaplain, and Airman 1st Class Tiffany Aurie, chaplain assistant, greet members of the 43rd Aircraft Maintenance Unit on the flightline.

Sergeant Arce said. "We have also had chapel representatives in March of Dimes and Relay for Life and we host an annual Clergy Day where we have civilian clergy come on base for a tour of our facilities."

Promoting healthy relationships and bringing Airmen together for strength is a well-known benefit of chapel programs.

"We have programs for just about all age groups," Sergeant Arce said. "We have ones for 'tiny tots' as well as youth groups for teens and bible studies for adults."

The purpose of these services is to help Tyndall members exercise their spirituality and tap into it to gain spiritual strength.

"As visible reminders of the Holy Spirit, we believe that the gift of faith is integral to drawing out the great but often hidden strength and spirit of people," Chaplain Motsay said. "It calls forth the best in each one of us and is tied directly to our Air Force core values of integrity, service and excellence."



Chap. (Maj.) Randall Kitchens, 325th FW chaplain, demonstrates privileged communication counseling session. Any Airman who would like to speak to a chaplain may do so without fear of retribution.

Complete human wellness



Airman 1st Class Heidi Theuret, 325th Fighter Wing chaplain assistant, helps Kaitlin Oney, 4, color a picture during the Chapel's Vacation Bible School here.



The Tyndall Chapel has its Catholic Mass outside for its monthly "Mass in the Grass." The Chapel holds both Protestant and Catholic services.



Brig. Gen. Jack Egginton, 325th FW commander, checks out the "Living Room," on its opening night. The room was made to cater to single dorm residents and foster a healthy environment to build relationships.

Four dimensions of well-being

Assessing these four areas of health contributes to overall well-being

Physical Dimension

Make sure to be within normal weight and have a balanced and healthy diet and exercise program, ingesting healthy substances that do not pollute the body. A healthy body makes it easier to cope with stress.

Emotional Dimension

Things needed to maintain a healthy emotional state are happiness, compassion, self-esteem, sense of optimism and hope, methods of coping with stress and problem-solving skills.

Social Dimension

Maintain healthy relationships at work, home and play. Get involved in group and community activities. Social connections have been found to save lives.

Spiritual Dimension

Spirituality may be faith in something bigger than yourself, or a sense of peace and purpose. This is an important part of wellness because our beliefs sustain us in challenging situations.



The four tie downs

Depicted here is the theory that, just as tie-downs on an aircraft keep it secure in foul weather, people need to pay attention to these four areas in life to stay anchored and be able to ride out storms in their personal lives. Being well physically, emotionally, socially and spiritually is what will keep a person grounded. Protective factors that help one stay healthy are: good relationships, strong social and family networks, spiritual activity and financial stability.

Briefs

RAO volunteers

The Retiree Activities Office is seeking volunteers to assist with the various tasks associated with running the office. The RAO is an all-volunteer organization that provides assistance and information to Tyndall's retiree community on retiree-related issues. Those interested in volunteering should contact the office at 283-2737 or at tyndall.RAO@tyndall.af.mil.

Survivor Benefit Plan

Retiring members need to build an estate to protect their families from the loss of retirement benefits if they die. The SBP is an inexpensive protection that will ensure their spouse will have guaranteed income for life. Insurance and investment plans have a place in the estate plan of many retiring members, but as a supplement to SBP, not as a replacement for SBP. For more information, call Alicia Gibbons, Tyndall's SBP counselor, at 283-8392.

Gulf Coast Community College

GCCC offers scholarships for eligible active duty military personnel in the amount of \$200 per year. Students with a GPA of 3.5 and above, enrolled in 5-11 hours will be considered. The deadline to apply is July 31. For more information, call 283-4332.

ERAU registration

Embry-Riddle Aeronautical University Fall 2005 Term Registration will be held from 8 a.m. to 4:30 p.m. July 18-22 at the Tyndall Education Center, Bldg. 1230, Room 48. Class dates are Aug. 8 through Oct. 8. For more information, call 283-4557.

Volunteers needed

The Tyndall Volunteer Resource Program serves as the central base resource for volunteer recruitment, placement and recognition. The program assists individuals seeking volunteer opportunities to meet their volunteer goals and authorized organizations and agencies to recruit qualified volunteers. Volunteers are currently needed at Family Services/Airman's Attic, the Red Cross, Retiree Activities Office, 325th Services Squadron and other locations at Tyndall. For more information, call the Family Support Center at 283-4204/4205.

Air Force Personnel Contact Center

For questions about personnel programs, information about retraining or how to claim your aging parent as a dependent, log on to the Air Force Personnel Contact Cen-

Leadership 101

Col. Brian Dickerson, 325th Fighter Wing vice commander, speaks with Reserve Officer Training Corps Cadets Nicholas Tomlinson, left, Erik Tims and Derek Vallejos at the Health and Wellness Center Tuesday. The cadets are here for three weeks through Operation Air Force. OAF allows the cadets an opportunity to work with both active duty officers and enlisted, providing realistic training and leadership opportunities.



Lisa Norman

ter Web site at <https://webcolab.afpc.randolph.af.mil/Scripts/rightnowdb.cfg/php.exe/enduser/home.php>. The site has a list of frequently asked questions and includes the capability for people to submit their own questions. There is an online chat room with agents available 24 hours a day, seven days a week, excluding certain federal holidays. For those who feel more comfortable talking to a person, they can e-mail their information and request an agent to call them to discuss any concerns.

Best Beginnings

The Family Support Center will hold a Best Beginnings class 9 a.m. to noon June 17 in the Family Support Center classroom here. The class provides information and resources for expectant parents and parents with babies up to one year old. For more information and to make reservations, call 283-4204.

Powerful Parenting

The Tyndall Community Center offers Powerful Parenting for Moms and Pops of Tots each Wednesday from 9-10:30 a.m. Bring ideas on how to make this a fun, exciting and educational experience for all. For more information, contact Laurie Campbell at 286-6501 or e-mail znory7@yahoo.com.

Focus 56

Focus 56, an organization made up of staff and technical sergeants, provides a voice for the base's junior NCOs. They are committed to facilitating professional-

ism and growth throughout Tyndall's enlisted force. Those looking to join this growing organization can come out to the business meetings at 3 p.m. the second Friday of each month at the Enlisted Club, or to the informal socials at 3 p.m. the fourth Friday of each month at the Beacon Beach Marina. For more information, call Staff Sgt. Pompilio Alfaro, Jr., at 283-7019.

Sports physicals

The 325th Medical Group Pediatric Clinic is encouraging parents to book their child's fall sports physical or new school entry physical exam now to avoid the end of summer rush. The Tricare policy allows the clinic up to 28 days to book health care exams. To make an appointment, call 283-2778. For more information, call the clinic at 283-7678.

AFAS tip

For those people planning a long trip this summer, the Air ForceAid Society can help you get an estimate on travel and gas expenses. Prior planning can help to alleviate unneeded stress during a vacation, and help travelers get to their destination safe and on time. For more information, call the Family Support Center at 283-4204.

Thrift Shop hours

Normal hours are 9:30 a.m. to 12:30 p.m. Wednesday-Friday. Consignments are 9:30-11:30 a.m. Wednesday and Thursday. Until July 28, the Thrift Shop will be open 9:30 a.m. to 12:30 p.m. Tuesday and Thursday, with consignments only being conducted 9:30-11:30 a.m. Thursdays. For more information, call 286-5888.

For Sale

A 2001 BMW 325ci, excellent condition. Includes the sports package, Harman Kardon sound system and loaded new tires, with only 39,400 miles. It is still under factory warranty. Asking price is \$22,000. For more information, call 890-1669.

Chapel Schedule**Catholic services**

Daily Mass, 11:30 a.m. Monday-Friday, Chapel Two
Reconciliation, before Saturday Mass or by appointment
Saturday Mass, 5 p.m., Chapel Two
Sunday Mass, 9:30 a.m., Chapel Two
Religious Education, 11 a.m., Bldg. 1476

Protestant services

Traditional worship service, 9:30 a.m., Chapel One
Intergenerational religious education classes, 9:55-10:45 a.m., Sunday through June 17 in Bldg. 1476
Contemporary worship service, 11 a.m., Chapel Two
Wednesday Fellowship, 5 p.m., Chapel Two

Muslim services

A prayer room will be open for Dhuhr Prayer Monday-Thursday in the Spiritual Maintenance building near the flightline. There will also be Jumauh services at 12:30 p.m. the second and fourth Friday of each month.

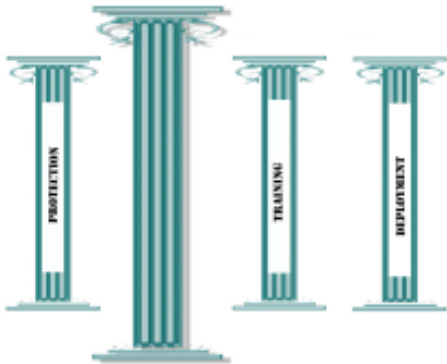


Staff Sgt. Benjamin Rojek

Un-ball-evable

Basketball players scramble for the rebound of a missed layup during Lunch Time Ball at the Tyndall Fitness Center. Although the court is open during regular Fitness Center hours, Lunch Time Ball allows players to sign up to play half-court games 11 a.m. to 1 p.m. The Fitness Center is open 5 a.m. to 1 a.m. Monday through Friday, 8 a.m. to 4 p.m. Saturday, and 10 a.m. to 6 p.m. Sunday. For more information call 283-2631.

FORCE SUSTAINMENT



Robots
6 p.m. Thursday

Even in a world populated entirely by mechanical beings Rodney Copperbottom (Ewan McGregor) is considered a genius inventor. Rodney dreams of two things, making the world a better place and meeting his idol, the master inventor Bigweld (Mel Brooks). On his journey he encounters Cappy (Halle Berry), a beautiful executive 'bot with whom Rodney is instantly smitten, the nefarious corporate tyrant Ratchet (Greg Kinnear) who locks horns with Rodney, and a group of misfit 'bots known as the Rusties. Rated PG.

State of the Union
6 p.m. June 23

National Security Agency Agent Augustus Gibbons (Samuel L. Jackson), fresh off the success of his last renegade recruitment, once again finds himself in need of an outsider. Gibbons and his new agent (Ice Cube) must track a dangerous military splinter group, led by Willem Dafoe, that is conspiring to overthrow the U.S. government in the nation's capital. Rated PG-13.

(All information courtesy of www.imdb.com. Used with permission.)

Intramural Sports Standings

Softball

National	W	L
MXS2	1	0
TEST	1	0
MOS	1	0
AMXS1	1	0
AMXS3	1	0
MDG	1	0
SFS	0	1
RHS	0	1
53rd WEG	0	1
ACS2	0	1
83rd FWS1	0	1
CPTS	0	1



American	W	L
MXS1	1	0
LRD	1	0
AFCESA	1	0
CES	1	0
SVS	1	0
MSS	1	0
601st AOG	0	1
CS	0	1
AMXS2	0	1
OSS	0	1
ACS	0	1
83rd FWS2	0	1



Golf



Team	Points
CES	36.5
SEADS	28
CS1	27.5
AMXS	27.5
MSS	24
AFCESA	23.5
CONR1	22.5
372nd TRS	22.5
RHS	21.5
OSS	18
53rd WEG	17
83rd FWS	13.5
CS2	13
MXS	12.5
MDG	9
CONR2	8
SVS	6.5
ACS	6

‘Reel’ good time: SVS teaches children about fishing, boating

STEVE RIDDLE
325th Services Squadron

Nearly 100 children and their families turned out Sunday at the 325th Services Squadron’s Bonita Bay Outdoor Recreation Complex for the facility’s first-ever Children’s Fishing and Boating Clinic.

The event featured courses on boating safety, fishing techniques and local regulations, a display of local sea creatures, boat rides and plenty of prizes. According to Lt. Col. Marc Piccolo, 325th SVS commander, the event was a tremendous success because of the many volunteers who gave their time and energy.

“Without the help of all of our volunteers, we wouldn’t have been able to have the event that we did,” Colonel Piccolo said. “They all had a huge impact on making this possible.”

Some of the volunteers included members of the 325th Air Control Squadron, 325th Security Forces Squadron, Air Force Civil Engineering Support Agency, their family members, the local 4-H group, the Tyndall Youth Center’s Keystone Club and Dean Lucabaugh, a retiree and present Tyndall FamCamp RV park resident who happened to see the event advertised on one of the base marquees and decided to help out.

At the casting station, children got the chance to test their accuracy with a fishing pole by casting a line with a small weight at the end – to simulate a hook and sinker – towards various targets on the ground. Of course several parents got in on the fun, too, and that was one of the reasons for the event.

“The whole thing was designed to be parent –

child interactive,” Ms. Workman said. “We wanted it to be a fun experience for the entire family.”

The casting station was just one of six information stations where families had the chance to learn together. At the knots and rigging station, children were shown how to tie various knots used in fishing, and at the environmental station they learned about fish habitats, the harmful effects of water pollution and the proper ways to safely handle fish.

Two stations were devoted to boating and boating safety.

One taught boating basics – how to get into and out of a boat, how to keep a boat balanced and the different parts of a boat. At the boating emergency station, people received a memorable life jacket lesson.

“We would have a group of kids get in a boat and then we’d say, ‘Quick, the boat is sinking, what are you going to do?’ and then they would all scramble to get life jackets,” Ms. Workman explained. “Most of the time they would grab one that didn’t fit. It showed them that they have to make sure their life jackets are adjusted to their size before they go boating.”

Another important station taught children about the local area, including nearby fishing and boating spots, how to identify local fish and local and state regulations. Also, children were taught about the importance of having respect for local landowners as well as public waterways.

Along with the learning stations were bouncy tents, a tank with a variety of crabs, a seahorse and several other creatures from the gulf waters, and a magnetic fishing pond for toddlers. Many children had the chance to test their new fishing skills on boat rides given by the Outdoor Recreation facility.

The games and prizes, boat rides and displays made for a fun event, and Ms. Workman said that’s one of the best environments for a child to learn in.

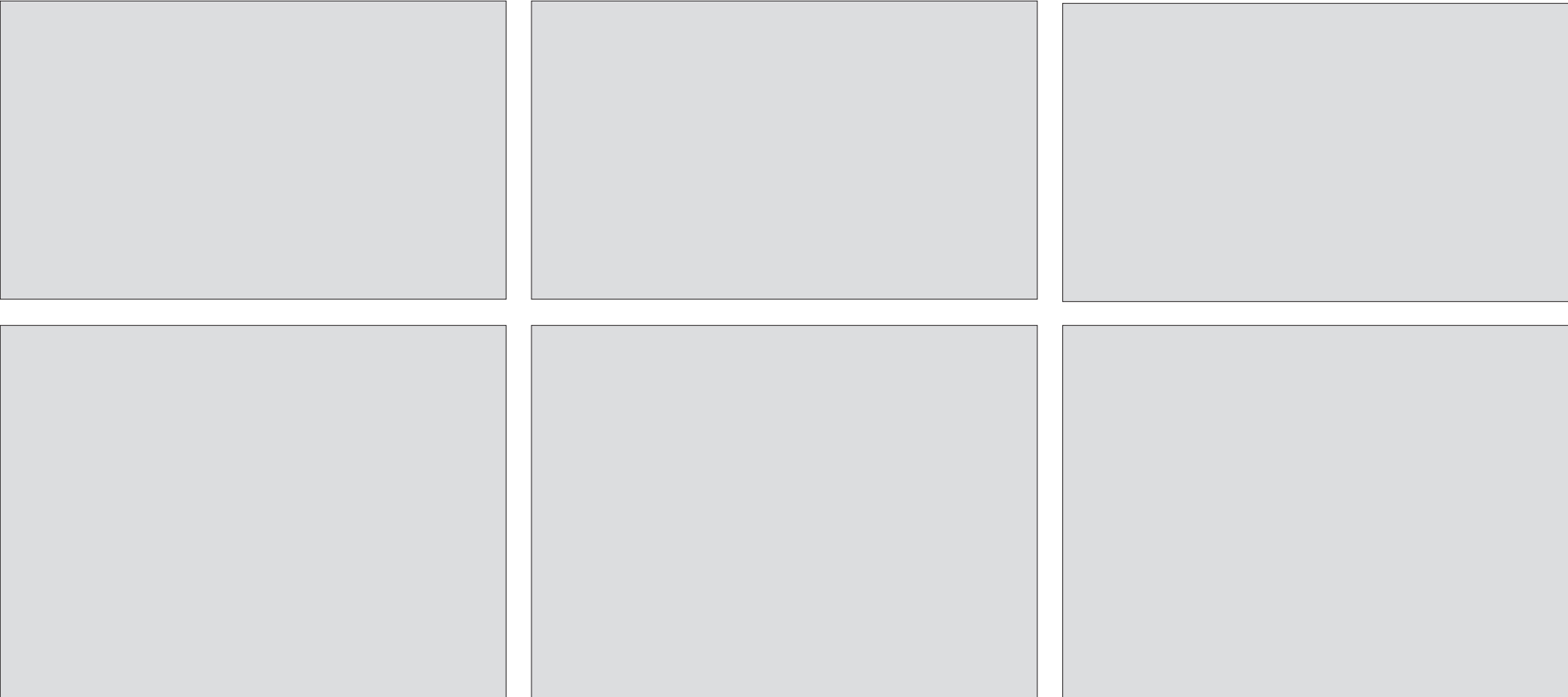
“If you give children the opportunity to learn while they’re having fun, they’ll absorb the information better and remember it more,” she said.

Plans are already in the works to have another event about the same time next year.



Courtesy photo

A child learns how to bait a hook at the first-ever Fishing and Boating Clinic held at Bonita Bay Sunday. Nearly 100 children and their families attended the event, and plans are already in the works to have another one next year.



NCOA bowls over intramural competition

1st Lt. ALBERT BOSCO
325th Fighter Wing Public Affairs

Nine months of pin-blasting action came to a close June 3 signifying the end of yet another Tyndall intramural bowling season.

Once the last pin fell the nine-member team representing the Tyndall NCO Academy knew they swept the competition for the second straight year.

“It felt great to win the championship,” said Tech. Sgt. Cameron Guilliams, NCO Academy instructor and team co-captain. “We didn’t have any expectations when the season began, but it’s a big deal for us to do the best we can.”

Thirty teams representing nearly every organization on base competed for the coveted championship trophy and bragging rights that go with it, but when it came time for roll-offs, only the top 12 teams were selected.

“We had some ups and downs during the season,” Sergeant Guilliams said. “We went from second place to ninth place and finally ended up in fourth place going into the roll-offs.”

But while the win was important for the academy bowlers, Sergeant Guilliams said the sense of teamwork and accomplishment was better.

“This season was great, because every Thursday we got together as a team, and it took all of us, as a team, to win the championship,” he said.

But like every other team, the NCOA team had their anchor man – the person who can pull everyone together when the pins start to fall, or stop falling to be precise. That man is Tech. Sgt. Michael Smith, NCOA Commander’s Support Staff information technology craftsman.

“Smitty always gave our team a lift when we were down,” Sergeant Guilliams said. “Beside, he’s a great bowler.”

Sergeant Smith, a 200-plus bowler, said there’s no secret to his bowling success other than the fact he’s been doing it since he was 4 years old.

So, with the bowling season behind the team, it’s all about the bragging rights now, as well as the \$50 prize each player in the tournament earned.

“This is really about the only thing we get to brag about, since due to our heavy instruction schedule this is the only sport we can build a team for, but that’s enough,” Sergeant Guilliams said.

The team finished 284 pins ahead of the second place 83rd Fighter Weapons Squadron team and 305 pins ahead of the third place 81st Test Support Squadron team.



1st Lt. Albert Bosco

Cameron Guilliams, a Tyndall NCO Academy instructor, hurls his bowling ball down the lane during the final game of the intramural bowling roll-offs.



This week in Air Force history ...
June 7, 1912: A machine gun first fired from an airplane in the United States.

June 8, 1953: At Luke AFB, Ariz., the U.S. Air Force Thunderbirds, officially designated the 3600th Air Demonstration Flight, perform for the first time.



Seconds please: Second-ranked women's softball team gets second title shot

AIRMAN 1ST CLASS SARAH McDOWELL
325th Fighter Wing Public Affairs

In their second year, the Tyndall Women's Varsity Softball team hopes to make a double play as repeat Air Education and Training Command champions.

The team, which took a hiatus for a few years, has made a strong comeback for Tyndall as they hold the 2004 AETC title, are currently ranked second in the Panama City League and plan to go to Nationals in September.

"We are fortunate in the fact that we can compete in a variety of tournaments and compete against many different teams, such as church teams, business-sponsored teams and collegiate teams," said Staff Sgt. Nichelle Denny, 325th Communications Squadron messaging technician.

Representing Tyndall to the com-

munity are 12 women who are both military and civilian.

"Almost all of our athletes are new with a few veterans," said Staff Sgt. Natalie Hall, 95th Fighter Squadron. "Because last year was Tyndall's first year in a long time supporting a women's base team, it will take some time building continuity on this team."

The continuity may take some time, but according to Sergeant Denny, the camaraderie is already there. She believes the best benefit of the team is "being a part of a group of ladies that genuinely care about you, not only as a ball player, but as a person. We take care of each other and each other's families on and off the field."

In addition to meeting women who have the same interests, there are other benefits.



Courtesy photo

Staff Sgt. Valerie Swats, 325th Civil Engineer Squadron, runs through third base and heads for home base during a recent Women's Varsity Softball game.

"If you are a higher-level player it gives you the opportunity to show your skills in the local community and the military community," said Lou South, Fitness Center director. "The varsity teams are the elite players on the base, and this gives them the opportunity to try out for the Air Force varsity team."

The Tyndall players do not seem to have the problem practicing or attending games, as the coaches conveniently schedule practices around work times, and most supervisors will work with players to allow time if needed.

However, this team, which has represented Tyndall well, faces a few challenges to make the women's sport possible. Just like all varsity sports they must acquire their own funds through corporate sponsors and fundraisers. And, with players who are committed to the military and must leave for temporary duty and permanent changes of station, as well as normal leaves of absence, having only 12 women is tough.

Yet, the team is upbeat about their future.

"We definitely have a lot of talent to win the AETC Championship and contend as one of the top teams in Nationals this year," Sergeant Denny said.



Courtesy photo

Staff Sgt. Cassie Brunner, Women's Varsity Softball coach, pitches during a recent game.

● FROM ROTC PAGE 1

a series of challenging situations,” said the major. “They are given the opportunity to lead a group of their fellow cadets through these problematic situations. This enables us to evaluate their leadership abilities.”

Evaluating cadets’ leadership skills is very important, because field training is the transition between the ROTC general military course and the professional officer course, said Major Ray.

Also important for the cadets is the Field Training Report, he said. Similar to an Enlisted or Officer Performance Report, the FTR plays a major role in a cadet’s future.

“We rate the cadets on a rack-and-stack system,” said the major. “The rating goes on the FTR, and when the cadets apply for Air Force jobs that rating comes into play. It’s a deciding factor on whether or not they’ll get the job.”

All of this training and evaluation is not just done at Tyndall, however. AFROTC will send a total of more than 2,000 cadets to training units at Tyndall, Maxwell AFB, Ala., and Ellsworth AFB, S.D. To train all these cadets will take 63 cadet training assistants, 36 field training officers, 15 NCOs for staff support, and one Military Training Instructor at each installation.

But they’re not the only ones supporting these cadets. The 325th Fighter Wing provides the facilities and base support necessary for AFROTC to conduct two field training deployments this summer.

“From planning to beddown, to completion of field training,



Airman 1st Class Sarah McDowell

Staff Sgt. David Ohl, a military training instructor with the Reserve Officer Training Corps here, orders cadets off the bus here Wednesday.

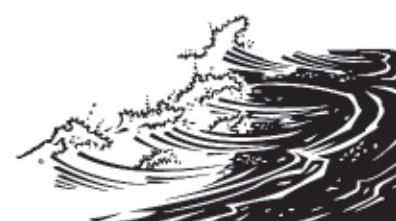
Team Tyndall truly shines by working together in a concerted effort,” said 1st Lt. Craig McMahon, 325th Mission Support Group executive officer. “We are ensuring the future officers of the Air Force are trained.”

Logistics and support for this encampment includes computer and communications equipment, increased staff at the Berg-Liles Dining Facility and renovations to the dormitories where needed.

The dates for this year’s encampments at Tyndall run until August 11. Each encampment will have approximately 300 cadets along with 21 CTAs.



Funshine NEWS



Produced by the 325th Services Squadron

www.325thservices.com



All ranks at the Tyndall Enlisted Club

Free Movie Night

Thursday

Robots

Rated PG
Movie 6 p.m.

Rodney Copperbottom is an idealistic robot who wants to convince his electronic brethren to come together and work toward making the world a better place. As the story unfolds, he falls for a female executive robot, faces opposition from an evil corporation headed by Big Weld and finds some unlikely allies in the form of a ragtag group of misfit robots called the Rusties.

Snack Bar items include

Pizza, hot dogs, chili dogs, nachos, popcorn, candy, & soda.

Youth under age 16 must be accompanied by an adult. Movies subject to availability.

283-4357

Sports Page

Pizza Pub

Friday & Saturday night

Carry out* special

10" Pepperoni \$5
10" Landslide \$5
10" Signature \$7.50
10" Supreme \$7.50

5-10 p.m.

283-3222

TYNDALL SERVICES
Combat Support & Community Service

We've Expanded Our Hours!

Community Center

Monday	Closed
Tuesday - Thursday	9 a.m. - 10 p.m.
Friday	9 a.m. - 1 a.m.
Saturday	11 a.m. - 1 a.m.
Sunday	noon - 10 p.m.

Leisure Travel Office

Tuesday - Friday 10 a.m. - 5 p.m.

Pizza Pub

Monday	11 a.m. - 1 p.m.
Tuesday - Thursday	11 a.m. - 1 p.m. 5 p.m. - 9 p.m.
Friday	11 a.m. - 1 p.m. 6 p.m. - 10 p.m.
Saturday	5 p.m. - 10 p.m.
Sunday	3 p.m. - 9 p.m.

Snack Bar

Monday - Friday 6:30 a.m. - 5 p.m.

Raptor Lanes Bowling Center

Monday - Thursday	11 a.m. - 9 p.m.
Friday	11 a.m. - 1 a.m.
Saturday	1 p.m. - 1 a.m.
Sunday	1 p.m. - 7 p.m.

Marina Club

Monday	Closed
Tuesday - Thursday	6 a.m. - 7 p.m.
Friday	6:30 a.m. - 10 p.m.
Saturday	6 a.m. - 8 p.m.
Sunday	6 a.m. - 8 p.m.



Twilight Movie Night



Come out and enjoy a movie under the stars with **free** popcorn at the Community Center every Friday. Show time is 8 p.m. - weather permitting.

Showing On:

Tonight "Boogeyman" Rated PG-13
June 17 "Anchorman" Unrated
June 24 "Blade: Trinity" Rated R

Some movies might not be suitable for younger audiences.

For more information call
283-2495

Auto Shop marathon



June 25 - 26 from 9:30 Saturday morning until 7 Sunday evening. Open through the night. This is a great time to complete your vehicle repairs or projects that take a little longer to finish. Call 283-4511 for more information.

Comedy Night

SUMMER COMEDY SPLASH

At the Tyndall Enlisted Club

SHERMAN GOLDEN & SYLVIA

SATURDAY

June 18

Doors open: 9 p.m.
Show starts: 10 p.m.

TICKETS:

Club members: \$15
Non-Club members: \$18
Day of Show: \$20 (everybody)

MISS ANNIE'S SUPREME SOUTHERN CUISINE

All Ranks at the O' Club
Tonight
5:30 - 8:30 p.m.

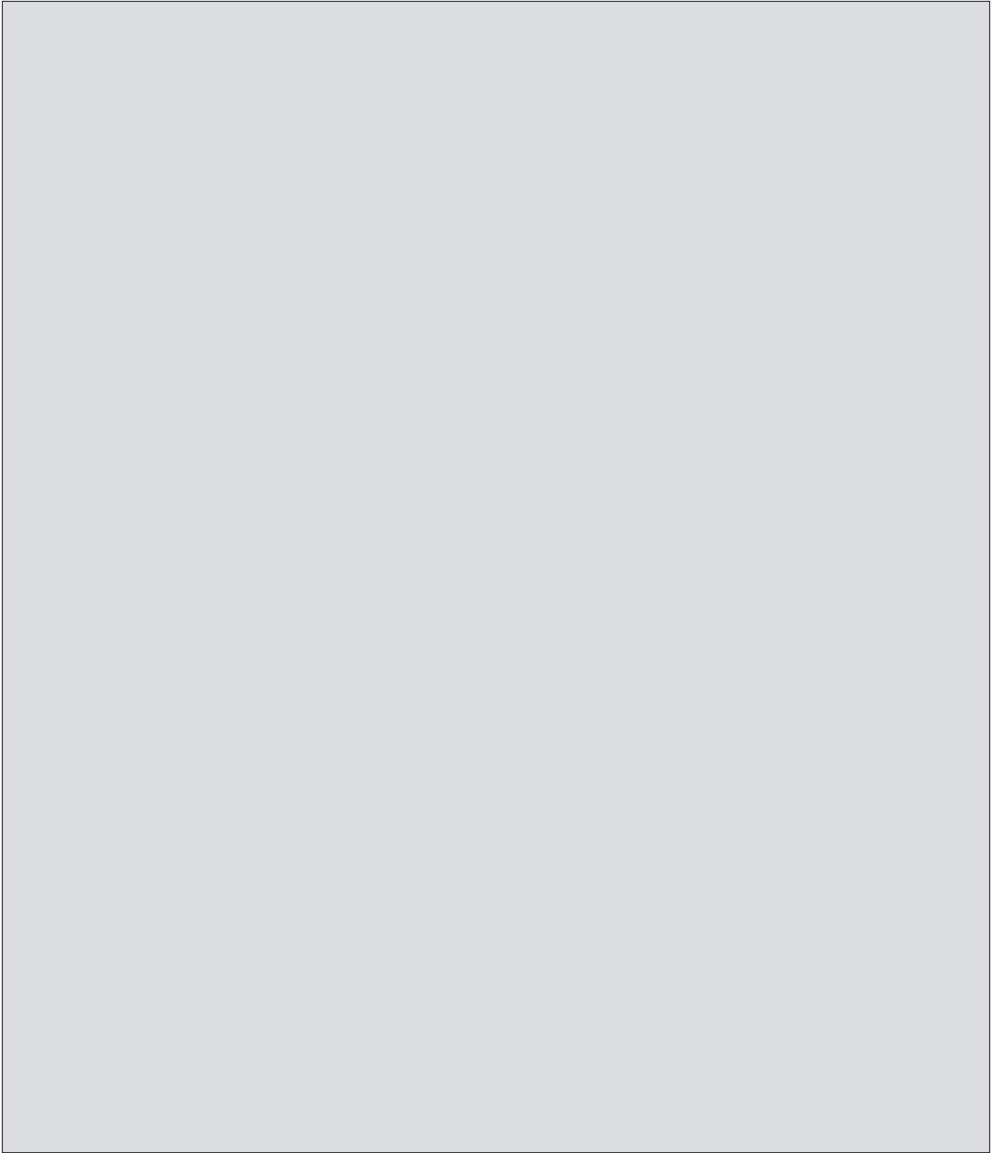
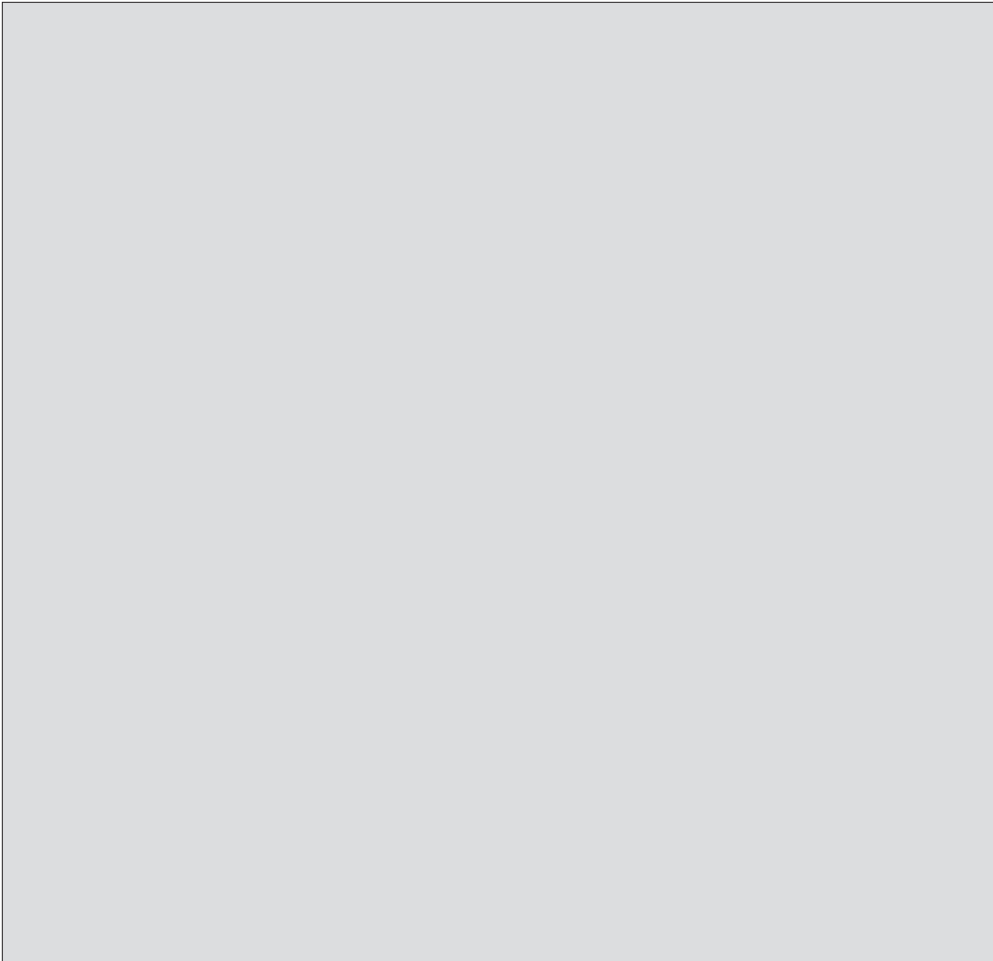
Menu

- ◆ Southern fried chicken with white gravy, black eyed peas, mashed potatoes, & collard greens
- ◆ Chicken fried steak with white gravy, black eyed peas, mashed potatoes, & collard greens
- ◆ Stuffed pork chops, mashed potatoes with gravy, chef's vegetables, & black eyed peas

All meals include dinner salad, cornbread, & pecan pie



WIRELESS ZONE
AT THE COMMUNITY CENTER



● FROM PILOTS PAGE 11

Sheppard AFB, Texas, where future pilots begin the first step of their flying training path in a program known as undergraduate pilot training. The doctor said at UPT, most potential pilots are weeded out for medical issues. He added, depending on the condition, some students are put on a different flying track while others must choose an alternate career field.

“Once they get here, there are usually no significant health issues,” he said. “Most have already been identified and handled accordingly at UPT.”

To help the doctor further understand the stresses and strains students experience in the cockpit, the major and the other flight doctors fly about twice each week. They also review the aircrafts’ heads up display tapes to further familiarize themselves.

“We fly with pilots to see what they go through and frankly, I can tell you, it’s like being in a boxing match,” he said. “It’s hard work Not only do they have to manage the G-forces, they have to maintain an optimum level of situational awareness as they fly and fight. They have to process a lot of information in a short time, so it’s critical they don’t get fixated on one element of flight or distracted by outside concerns.”

He said once an issue, whether physical or mental, is discovered, a thorough assessment is conducted and a course of action involving the appropriate officials is determined.



“A minor ache on the ground can become a significant issue in the air,” he said. “We have to be aware of any little thing that can throw off a pilot’s fitness level.”

Major Ravi said his interaction with students can either be formal, through office visits, or informal, through visits to the fighter squadrons. Referrals are another avenue of information, though the major said that doesn’t happen too often here.

“We hang out at the operations desk and as the fliers get more comfortable with you, they’ll ask questions. We try to address the minor issues at the squadron.”

The doctor said the two favorite parts of his job are the flying and working with the instructors and students.

“Fighter pilots have some inherent characteristics that make them successful,” Major Ravi said. “They are extremely intelligent and good at multitasking. They never do anything half way, no matter the task, so we have to watch out that they don’t oversaturate themselves.”

Also during their squadron visits, they are not only interacting with instructors and students, they are assessing the overall occupational environment to ensure it is “conducive to operational effectiveness,” according to the major.

“Pilots live to fly and fight,” the doctor said. “They want to be healthy and they want to fly, and you’re helping them achieve that goal, it’s a great feeling.”

